

Campfire Stew

RECIPE:

INGREDIENTS:

(1.5) lbs. ground beef

(1) md yellow onion

(2) cans kidney beans

(2-3) cans stewed tomatoes

(2) cans sliced potatoes

(2) bay leaves (optional)

garlic to taste (fresh garlic, jarred or powder will all work fine)

dash(es) of worcestershire sauce

salt and pepper to taste

NOTES/DIRECTIONS:

Use 2-3 cans of stewed tomatoes depending on how much soup you want or need. In a pot, brown the meat and onion together. Add the bay leaves and worcestershire sauce, then cook until meat is done and onions are translucent. Drain the beans and add to the pot. Add the tomatoes. Drain potatoes and add them to the pot. Add salt and pepper as necessary for taste. Simmer until all ingredients are hot. Serve and Enjoy!

